

Adult Asthma (18 years and over) - Primary and Secondary Care Inhaler Device Guide

Please see NHSGG&C Asthma Guideline for full therapeutic guideline

Asthma Management Step	Prescribing Choice			No of doses/ inhaler	Cost per 200 puffs
1: Mild Intermittent Asthma- SABA	1st	Salbutamol CFC free inhaler	Aerosol (MDI)	100 micrograms, two puffs when required	200 £1.50
	2nd	Salbutamol Easyhaler®	Dry powder inhaler	100 micrograms, two puffs when required	200 £3.31
	3rd	Salbutamol Easi-Breathe®	Breath actuated inhaler	100 micrograms, two puffs when required	200 £6.30
(normal adult starting dose)					
2: Regular preventer therapy- ICS	1st	Clenil Modulite®	Aerosol (MDI)	100 micrograms, two puffs twice daily	200 £7.42
	2nd	Beclometasone Easyhaler®	Dry powder inhaler	200 micrograms, one puff twice daily	200 £14.93
	3rd	Qvar® Easi-Breathe	Breath actuated inhaler	50 micrograms, two puffs twice daily	200 £7.74
Cost over 30 days					
3A: Initial add on therapy - combined ICS/LABA (dose equivalent to 400 to 500micrograms BDP daily)	1st	Fostair® 100/6	Aerosol (MDI)	one puff twice daily	120 £14.66
	2nd	Fostair® 100/6 Nexthaler®	Dry powder inhaler	one puff twice daily	120 £14.66
	or 2nd	Duoresp Spiromax® 160/4.5	Dry powder inhaler	one puff twice daily	120 £14.99
	or 2nd	Symbicort® 200/6 Turbohaler	Dry powder inhaler	one puff twice daily	120 £19.00
	Other inhalers licensed at this step:	Flutiform® 50/5 MDI two puffs twice daily Seretide® 50 Evohaler two puffs twice daily Seretide® 100 Accuhaler one puff twice daily			£14.40 £18.00 £18.00
Cost over 30 days					
3B to 4: Increase ICS/ add on therapy- combined ICS/LABA (dose equivalent to 800 to 1000 micrograms BDP daily)	1st	Fostair® 100/6	Aerosol (MDI)	two puffs twice daily	120 £29.32
	2nd	Fostair® 100/6 Nexthaler®	Dry powder inhaler	two puffs twice daily	120 £29.32
	or 2nd	Duoresp Spiromax® 160/4.5	Dry powder inhaler	two puffs twice daily	120 £29.97
	or 2nd	Symbicort® 200/6 Turbohaler	Dry powder inhaler	two puffs twice daily	120 £38.00
	Other inhalers licensed at this step:	Flutiform® 125/5 MDI two puffs twice daily Relvar® 92/22 Ellipta one puff daily Seretide® 125 Evohaler two puffs twice daily Seretide® 250 Accuhaler one puff twice daily			£28.00 £27.80 £35.00 £35.00
Cost over 30 days					
4: Increase ICS (dose equivalent to 1600 to 2000 micrograms BDP daily)	1st	Fostair® 200/6	Aerosol (MDI)	two puffs twice daily	120 £29.32
	2nd	Fostair® 200/6 Nexthaler®	Dry powder inhaler	two puffs twice daily	120 £29.32
	3rd	Flutiform® 250/10	Aerosol (MDI)	two puffs twice daily	120 £45.56
	or 3rd	Seretide® 500 Accuhaler	Dry powder inhaler	one puff twice daily	60 £40.92
	Other inhalers licensed at this step:	Duoresp Spiromax® 320/9 two puffs twice daily Relvar® 184/22 Ellipta one puff daily Seretide® 250 Evohaler two puffs twice daily Symbicort® 400/12 Turbohaler two puffs twice daily			£59.94 £38.87 £59.48 £76.00

For dose equivalencies and other prescribing/ licensing information please see individual BNF/SPC for guidance

Abbreviations:

SABA: short-acting beta₂ agonist
MDI: Metered dose inhaler
ICS: Inhaled Corticosteroid
LABA: long-acting beta₂ agonist
BDP: traditional beclometasone

Clenil®= beclometasone
Qvar®= extra-fine particle size beclometasone
Fostair® = extra-fine particle size beclometasone/formoterol
Flutiform® = fluticasone/ formoterol
(Costs from BNF January 2016)

Duoresp spiromax® = budesonide/formoterol
Relvar® = fluticasone furoate/vilanterol
Seretide®= fluticasone/ salmeterol
Symbicort® = budesonide/ formoterol

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