[Acute Services and Mental Health]

Memorandumfax

To Hospital based nursing staff

From Medicines Cost Effectiveness Group (MCEG)

Date 20 August 2019

Pages 1

Re Nicotine Replacement Therapy (NRT): reduce non-Formulary use

A Medicines Update Blog will be issued in the near future which aims to reduce the use of non-Formulary NRT products. The current Formulary advice is as follows:

Nicotinell® products (24-hour patches, lozenges or gum) are the nicotine replacement treatments of choice. If dual nicotine replacement is appropriate then a 2nd product should be added to Nicotinell® patches.  If a mini lozenge is required, the first choice is Niquitin Mini®.

Nursing staff are asked not to recommend or order a non-Formulary product (e.g. Niquitin® clear patches; Nicorette inhalator)

* Establish if a Formulary product could be selected (including dual therapy if single product insufficient)
* If not, seek advice / authorisation from a clinical pharmacist or a smoking cessation advisor
* Please note that with patches, some redness is common and not necessarily indicative of allergy to adhesive