

NHSGGC

NHS GGC Low Protein Food Formulary

ACBS indication: inherited metabolic disorders, renal or liver failure, requiring a low protein diet

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What products to prescribe and what quantity?

The information below has been adapted from material produced by The National Society for Phenylketonuria.

People with Phenylketonuria (PKU) and many other Inherited Metabolic conditions require a complex and restricted protein diet to manage their condition and ensure they have good metabolic control to prevent long term complications.

Children and adults following a restricted protein diet are unable to eat many nutritious and staple foods: e.g. meat, fish, eggs, cheese, milk, nuts, ordinary bread, pasta and other cereal products. There are very few foods that contain natural protein that can be eaten in unlimited quantities. These foods mainly include fruits and vegetables but have a low calorie density. Therefore, the diet requires supplementation with many low protein foods that are available on prescription (must be ACBS endorsed).

The prescription of low protein foods is for 3 main reasons:

1. Low protein foods provide an essential source of calories to support growth and prevent catabolism, which may lead to metabolic instability.
2. Low protein foods provide bulk in the diet to prevent hunger. A lack of the low protein foods may result in people eating foods high in protein.
3. Low protein foods provide variety in a very limited diet.

For PKU, guideline amounts have been calculated based on energy requirements. In general, low protein special foods are expected to provide up to 50% of estimated daily energy requirements.

For people with other Inherited Metabolic disorders requiring a low protein diet, such as Maple Syrup Urine Disease, Tyrosinaemia and organic acidaemias, the low protein foods are equally important and the same quantities can be used for guidance.

For information on individual patients requirements further advice can be sought from the patients' managing metabolic dietitian.

The following tables give guidance on the maximum recommended units a person with PKU and similar disorders will require based on age. None of the ACBS foods can be considered as a luxury item and alternative low protein biscuits, cakes etc cannot be purchased from supermarkets.

The definition of one unit is given below. The units are intended as a guide only as package size is variable. Products have been categorised to the nearest 0.5 unit

Low protein prescribable foods	Definition of one unit (up to)	Colour coding for units
Bread/Bread Rolls	600g-800g	
Egg replacer/Egg white replacer	1 tub	
Flour mix/Cake mix/ pancake or waffle mixes	1 packet (500g)	
Pasta/Rice	1 box (500g)	
Pizza bases	2 pizza bases	
Breakfast cereals	375g	
Cheese sauce mix	1 pack (225g dry powder)	
Pasta pots/Pasta in sauce/Potato Pots	300g	
Sausage/Burger mixes	4 sachets (125g dry powder)	
Soup	4 sachets (112g dry powder)	
Biscuits	1 packet (150g)	
Cakes/Breakfast bars/Dessert mixes	240g	
Energy bars (Vitabite / Chocotino)	175g	

Recommended number of units of low protein foods for each age group:

Age of patient requiring low protein foods	Recommended maximum number of low protein items to prescribe each month*	Suggested Distribution of units		
		Green	Amber	Red
4months – 3 years	20 units	10-12	3 - 5	1 - 3
4-6 years	25 units	10 -15	5 - 8	3 - 5
7-10 years	30units	15 - 18	8 - 10	5 - 8
11-18 years	50 units	25 - 30	15 - 20	5 - 8
Adults	50 units	25 - 30	15 - 20	5 - 8
Pre-pregnancy/Pregnancy	50 units	25 - 30	15 - 20	5 - 8

*Based on the recommendations of the National Society for Phenylketonuria

Low protein foods have been colour coded using the traffic light system. **Red** = high, **Amber** =moderate, **Green** = low.

This will give guidance on foods that may be higher in salt, fat, saturated fat and sugar. This information can be used by patients and clinicians to guide low protein food choices to help maintain a healthy diet.

Patients on a restricted protein diet are encourage to use a wide variety of the low protein foods to help with their metabolic control and it is expected that patients may request different low protein foods on prescription each month. If there are concerns about the type and choice of low protein foods patients, both adults and carers are requesting on prescription, further guidance can be sought from the Metabolic Dietitians based at the Royal Hospital for Children on 0141 451 6451 (metabolic.dietitians@ggc.scot.nhs.uk).

NB for prescribers using VISION for products with more than one flavour if you select the product description which includes (Flavour not Specified) you can then use free text to add different flavours which will negate a separate prescription being required for each flavour.

Milk replacements are also required to manage the condition and these products are not included in the monthly recommended number of low protein food units.

For patients with PKU and other disorders requiring a restriction of a particular amino acid, protein substitutes are essential to the management of the disorder and include products such as PKU Lophlex LQ, PKU Anamix Infant, PKU Anamix Junior, PKU Cooler. Information on formulary choices for these products can be found in the NHSGGC Paediatric Nutrition Formulary and the NHSGGC Metabolic Product Formulary: [GGC Medicines: Non-medicines Formularies](#)

Summary of changes:

Changes to low protein products have been made following the previous update in 2019. Due to covid, products were not submitted for approval for ACBS listing. In addition, issues with supply of raw ingredients has meant that several low protein foods have been removed from the market. Following the reinstatement of the ACBS committee, there have been many new products submitted and have gained approval for prescribing for protein restricted diets.

Products removed:	Company	Unit size
Aminex Low Protein Rusks	PK Foods	200g
Loprofin Low Protein Part-Baked Rolls	Nutricia	260g
Loprofin Low Protein Sliced Bread	Nutricia	400g
Low Protein Mini Baguette	Mevalia	2 x 100g
Low Protein Pan Rustico	Mevalia	2 x 200g
Pizza Bases	Juvela	360g
Promin® Plus Low Protein Pasta	Promin First Play	500g
Taranis Rusks/French Toast	Taranis	250g
Products added:	Company	Unit size
Lattis Milk Replacement	Mevalia	500ml
Loprofin Low Protein Chocolate Flavour Cake Mix	Nutricia	500g
Low Protein All Purpose Baking Mix	Promin First Play	1000g
Low Protein Burger Mix (Chicken)	Promin First Play	4 x 62g
Low Protein Cake Mix	Promin	500g
Low Protein Cereal	Promin First Play	340g
Low Protein Cookies	Mevalia	200g
Low Protein Farmhouse Loaf	Promin First Play	400g
Low Protein Fresh Baked Fruit Loaf	Promin First Play	2 x 400g
Low Protein Elbows	Promin First Play	500g
Low Protein Pane Casereccio	Mevalia	220g
Low Protein Scrambled Egg & Omelette Mix	Promin	500g
Low Protein Sweet Pancake Mix	Promin	300g
MetaX Low Protein Lemon Wafers	Metax	100g
Prozero – Chocolate flavour	VitaFlo	250ml

Low protein milks – not included in monthly units

Low protein milk replacements are a necessary part of the diet and use will vary with age. The milks are used for day to day cooking and as a milk drink. They will also be used at school, nursery and day care centres. For this reason it is useful for them not to have a specific limit on monthly useage. Patients may also request several types of milk replacement depending on what it will be used for and if on home delivery, a minimum order may be required and ordered every 2-3 months if no protein substitute delivered. The amount and type of milk replacement required will be indicated by the specialist dietitian.

Company	Product	Pack size	Comment	Number of units	PIP code	Calories / 100ml	Phenylalanine content mg/100ml	Age suitability of product
Mevalia®	Lattis®	500ml	Contains lactose 1 exchange / 500ml	n/a	413-7196	62	12	From 6 months
Nutricia	Calogen® Neutral Flavour	200ml bottle		n/a	327-3414	450	0	From birth
Nutricia	Calogen® Neutral Flavour	500ml bottle		n/a	327-3380	450	0	From birth
Nutricia	Loprofin® Drink LQ	27 x 200ml (1 case)	Contains lactose 0.5 exchange / 200ml	n/a	043-0827	40	10	From 12 months
Nutricia	Loprofin® Sno-Pro	27 x 200ml (1 case)	Contains lactose 0.5 exchange/ 300ml	n/a	022-0293	83	9	From birth
Taranis®	Dalia® Liquid	200ml (24 x 200ml)	Contains lactose 0.5 exchange / 400ml	n/a	401-5780	50	6	From 12 months
Taranis®	Dalia® Milk powder	400g	Contains lactose 1 scoop = 10g = 1 portion (100ml) 0.5 exchange / 100g powder	n/a	403-4971	428 / 100g (50 cals / 10g)	20mg/100g	From 3 years
VitaFlo	Prozero Milk®	18 x 250ml (1 case)	Contains lactose	n/a	304-5065	67	0	From 6 months
VitaFlo	Prozero Milk®	6 x 1Litre (1 case)	Contains lactose	n/a	340-5073	67	0	From 6 months
VitaFlo	Chocolate Prozero Milk®	18 x 250ml (1 case)	Contains lactose	n/a	423-4076	70	0	From 3 years

Company	Breads & Rolls	Pack Size	No of Units	PIP- code	Calories/100g	Phe mg/100g	Portion Size	Age suitability of product
Juvela®	Juvela® Low Protein Bread Rolls	350g (5 per pack)	0.5	206-3485	255	<15	70g	From weaning
	Juvela® Low Protein Loaf (Sliced)	400g	0.5	092-3961	243	<15	30g	From weaning
Mevalia®	Mevalia® Low Protein Ciabattine (white rolls)	260g (4 x 65g rolls)	0.5	381-7202	221	18	65g	From weaning
	Mevalia® Low Protein Pan Carre (white sliced loaf)	300g	0.5	381-7186	223	31	25g	From weaning
	Mevalia® Low Protein Pane Casereccio	220g	0.5	405-7857	214	22	20g	From weaning
Promin®	Promin® Low Protein Farmhouse Loaf	400g	0.5	422-6015	257	16	34g	From weaning
	Promin® Low Protein Fresh Baked Bread Buns	6 x 75g	1	405-6537	257	16	75g	From weaning
	Promin® Low Protein Fresh Baked Sliced Brown Bread	4 x 400g	2	408-5528	266	12	32g	From weaning
	Promin® Low Protein Fresh Baked White Sliced Bread	4 x 800g	4	394-3941	257	16	48g	From weaning
	Promin® Low Protein Fresh Baked Fruit Loaf	2 x 400g	0.5	423-2575	279	29	36g	From weaning

Company	Flour Mixes & Egg Substitutes	Pack Size	No of Units	PIP- code	Calories/100g	Phe mg/100g	Portion Size	Age suitability of product
Fate®	Fate® Low Protein All Purpose Mix	500g	1	279-8270	352	4.3	n/a	From weaning
Juvela®	Juvela® Low Protein Mix	500g	1	035-2765	316	<18	n/a	From weaning
Loprofin®	Loprofin® Low Protein Egg Replacer	2 X 250g per pack	1	022-8031	346	<5	n/a	From weaning
Loprofin®	Loprofin® Low Protein Egg White Replacer	100g tub	1	270-1456	185	0	n/a	From weaning
	Loprofin® Low Protein Mix	500g	1	004-6607	361	<10	n/a	From weaning
Mevalia®	Mevalia® Low Protein Bread Mix	500g	1	381-9752	348	17	n/a	From weaning
Promin®	Promin® Low Protein All Purpose Baking Mix	1000g	2	410-7611	339	4	n/a	From weaning

Company	Pasta & Rice	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Loprofin®	Loprofin® Low Protein Animal Pasta	500g	1	335-6169	365	18	75g	From weaning
	Loprofin® Low Protein Lasagne	250g	0.5	298-1777	365	18	75g	From weaning
	Loprofin® Low Protein Long Spaghetti	500g	1	211-5251	365	18	75g	From weaning
	Loprofin® Low Protein Macaroni Elbows	250g	0.5	328-5194	365	18	75g	From weaning
	Loprofin® Low Protein Pasta Spirals (fusilli)	500g	1	331-5058	365	18	75g	From weaning
	Loprofin® Low Protein Penne	500g	1	331-5041	365	18	75g	From weaning
	Loprofin® Low Protein Tagliatelle	250g	0.5	328-5210	365	18	75g	From weaning
	Loprofin® Low Protein Rice	500g	1	232-3376	365	14	75g	From weaning
Mevalia®	Mevalia® Low Protein Pasta (Ditali)	500g	1	399-1114	351	21	80g	From weaning
	Mevalia® Low Protein Pasta (Fusilli)	500g	1	381-9778	351	21	80g	From weaning
	Mevalia® Low Protein Pasta (Penne)	500g	1	381-7152	351	21	80g	From weaning
	Mevalia® Low Protein Pasta (Spaghetti)	500g	1	381-7145	355	18	80g	From weaning
	Mevalia® Low Protein Rice Replacer	400g	1	399-1106	343	20	80g	From weaning
Promin®	Promin® Imitation Rice	500g	1	240-5165	353	8	75g	From weaning
	Promin® Low Protein Pasta Alphabets	500g	1	287-5466	353	8	75g	From weaning
	Promin® Low Protein Elbows	500g	1	290-7590	353	8	75g	From weaning
	Promin® Low Protein Macaroni	500g	1	290-7624	353	8	75g	From weaning
	Promin® Low Protein Flat Noodles	500g	1	356-1587	353	8	75g	From weaning
	Promin® Low Protein Shells	500g	1	290-7616	353	8	75g	From weaning

Company	Pasta & Rice	Pack Size	No of Units	PIP- code	Calories/100g	Phe mg/100g	Portion Size	Age suitability of product
	Promin® Low Protein Spirals	500g	1	290-7608	353	8	75g	From weaning
	Promin® Low Protein Short Cut spaghetti	500g	1	290-7632	353	8	75g	From weaning
Promin®	Promin® Low Protein Tri-colour Pasta							
	Promin® Low Protein Alphabets	500g	1	240-5157	351	8	75g	From weaning
	Promin® Low Protein Elbows	500g	1	286-8487	351	8	75g	From weaning
	Promin® Low Protein Shells	500g	1	240-5132	351	8	75g	From weaning
	Promin® Low Protein Spirals	500g	1	240-5140	351	8	75g	From weaning
	Promin® Low Protein Speciality Pasta							
Promin®	Promin® Low Protein Cous Cous	500g	1	290-7640	353	8	75g	From weaning
	Promin® Low Protein Lasagne	200g	1 0.5 on order form	290-7582	353	8	75g	From weaning
	Promin® Low Protein Pastameal	500g	1	240-5181	353	8	75g	From weaning
Taranis®	Taranis® Low protein Rissotto Rice	1200g (4 x 300g pots)	2.5	403-1965	432	5.6	300g	3 years - adult
Company	Pizza Bases	Pack Size	No of Units	PIP- code	Calories/100g	Phe mg/100g	Portion Size	Age suitability of product
Mevalia®	Mevalia® Low Protein Pizza Base	300g (2 x 150g bases)	1	381-7178	263	20	150g	From weaning

Company	Breakfast Cereal	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Loprofin®	Loprofin® Low Protein Breakfast Cereal Flakes - Chocolate Flavour	375g	1	328-5160	380	22	28g	Not suitable for under 1 year old
	Loprofin® Low Protein Breakfast Cereal Flakes - Strawberry Flavour	375g	1	328-5152	380	8	28g	Not suitable for under 1 year old
	Loprofin® Low Protein Breakfast Cereal Loops	375g	1	266-0140	359	6	28g	Not suitable for under 1 year old
Promin®	Promin® Low Protein Hot Breakfast Powder sachets - Original	6 X 56g	1	317-2509	409	14	56g	From weaning
	Promin® Low Protein Hot Breakfast Powder sachets - Apple & Cinnamon	6 X 57g	1	317-2525	395	6	57g	From weaning
	Promin® Low Protein Hot Breakfast Powder sachets - Banana	6 X 57g	1	322-4854	445	13	57g	From weaning
	Promin® Low Protein Hot Breakfast Powder sachets - Chocolate	6 X 57g	1	317-2533	395	18	57g	From weaning
	Promin® Low Protein cereal – Banana flavour	340g	1	422-0752	428	12	34g	Not suitable for under 1 year old
	Promin® Low Protein cereal – Chocolate flavour	340g	1	422-0745	436	18	34g	Not suitable for under 1 year old
Company	Crackers	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Loprofin®	Loprofin® Low Protein Crackers (Savoury)	150g	1	039-7125	452	10	33g	Not suitable for under 3 years old
	Loprofin® Low Protein Herb Crackers	150g	1	277-4446	444	17	33g	Not suitable for under 3 years old
Vitaflo®	Vitaflo® Choices Low Protein Mini Crackers	15 X 40g	3	381-5727	444	10	40g	Not suitable for under 3 years old

Company	Cake and dessert mixes	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Fate®	Fate® Low Protein Cake Mix - Plain	2 x 250g	1	279-8288	367	3.69	n/a	From weaning
	Fate® Low Protein Cake Mix - Chocolate	2 x 250g	1	279-8296	365	12.8	n/a	From weaning
Loprofin®	Loprofin® Low Protein Chocolate Cake Mix	500g	1	332-7277	365	30	n/a	From weaning
Promin®	Promin® Low Protein Cake Mix Classic	500g	1	422-0612	369	6	50g	From weaning
	Promin® Low Protein Cake Mix - Chocolate	500g	1	422-0679	361	15	50g	From weaning
	Promin® Low Protein Sweet Pancake Mix	300g	1	423-1965	357	n/a	25g	3 years - adult
Taranis®	Taranis® Low Protein Natural Cake Mix	300g	1	403-4963	366	<10	n/a	3 years - adult
	Taranis® Low Protein Pancakes and Waffles Mix	300g	1	403-5085	353	22	25g	3 years - adult
Metax®	MetaX® YoguMaxx Low Protein instant powder (yoghurt substitute)	400g tub	1	407-4159	422	16	17g	From weaning
Company	Savoury Meals & Mixes	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Mevalia®	Low Protein Burger Mix	350g	3	399-1098	368	33	80g	From weaning
Promin®	Burger Mix							
	Promin® Low Protein Burger Mix (Original)	4 X 62g	1	322-4862	404	80	62g	From weaning
	Promin® Low Protein Burger Mix (Chicken)	4 x 62g	1	423-9810	387	38	62g	From weaning
	Promin® Low Protein Burger Mix (Lamb & Mint)	4 X 62g	1	341-4927	405	75	62g	From weaning

Company	Savoury Meals & Mixes	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Promin®	Sausage Mix							
	Promin® Low Protein Sausage Mix (Original)	4 X 30g	1	341-4984	394	100	30g	From weaning
	Promin® Low Protein Sausage Mix (Apple & Sage)	4 X 30g	1	341-4968	394	70	30g	From weaning
	Promin® Low Protein Sausage Mix (Tomato & Basil)	4 X 30g	1	341-4950	374	82	30g	From weaning
Company	Savoury Meals & Mixes	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Taranis®	Taranis® Low Protein Fish Substitute	4 x 62g 248g	1	401-7695	360	100	30g	Not suitable for under 3 years old
Promin®	Promin® Low Protein Cheese Sauce Mix	225g	1	383-7457	372	56	30g	Not suitable for under 3 years old
	Promin® Low protein Potato cake mix	300g	3	395-0292	697	46.3	50g	From weaning
	Promin® Low Protein scrambled egg and omelette mix	500g	1	422-6148	311	9	50g	Not suitable for under 3 years old
	Mac Pots							
Promin®	Promin® Low Protein Mac Pots (Macaroni Cheese)	4 X 61g	1	377-9865	444	23	61g	Not suitable for children under 4 years old
	Promin® Low Protein Mac Pots (Tomato macaroni)	4 X 61g	1	377-9873	444	17.7	61g	Not suitable for children under 4 years old

Company	Savoury Meals & Mixes	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Promin®	Pasta in Sauce							
	Promin® Low Protein Pasta in sauce (Cheese & Broccoli)	4 X 66g	1	290-7657	373	91	66g	From weaning
	Promin® Low Protein Pasta in sauce (Moroccan)	4 X 72g	1	327-9734	448	50	72g	From weaning
	Promin® Low Protein Pasta in sauce (Tomato, Pepper & Herb)	4 X 72g	1	290-7665	453	40.5	72g	From weaning
	Potato Pots							
	Promin® Low Protein Potato Pot (Cabbage, Bacon & Croutons)	4 X 50g	1	378-2026	377	89.3	50g	Not suitable for children under 4 years old
	Promin® Low Protein Potato Pot (Onion & Croutons)	4 x 50g	1	378-2000	390	90.9	50g	Not suitable for children under 4 years old
	Promin® Low Protein Potato Pot (Sausage & Croutons)	4 X 50g	1	378-2018	378	78.4	50g	Not suitable for children under 4 years old
Promin®	X Pots							
	Promin® Low Protein XPots (All day scramble)	4 X 60g	1	369-3116	443	17.8	60g	Not suitable for children under 3 years old
	Promin® Low Protein XPots (Beef and tomato)	4 X 60g	1	369-3108	433	32	60g	Not suitable for children under 3 years old
	Promin® Low Protein XPots (Chipshop curry)	4 X 60g	1	369-3082	441	18	60g	Not suitable for children under 3 years old
	Promin® Low Protein XPots (Rogan style curry)	4 X 60g	1	369-3074	430	32	60g	Not suitable for children under 3 years old

Company	Soups	Pack Size	No of Units	PIP- code	Calories/100g	Phe mg/100g	Portion Size	Age suitability of product
Promin®	Promin® Low Protein Soup (Creamy chicken flavour with croutons)	4 X 28g	1	383-7465	372	16	28g	Not suitable for under 3 years old
	Promin® Low Protein Soup (Creamy tomato flavour with croutons)	4 X 23g	1	384-5294	384	16	23g	Not suitable for under 3 years old
	Promin® Low Protein Soup (Minestrone with croutons)	4 X 28g	1	383-7481	384	16	28g	Not suitable for under 3 years old
	Promin® Low Protein Soup (Pea and mint)	4 X 23g	1	383-7473	384	16	23g	Not suitable for under 3 years old

Company	Cakes, Biscuits & Snacks	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Mevalia®	Mevalia® Low Protein Cookies	200g	1	382-0602	471	31	10g	Not suitable for under 1 year old
	Mevalia® Low Protein Frollini Biscuits (plain biscuits)	200	1	382-0594	476	27	7g	Not suitable for under 1 year old
	Mevalia® Low Protein Fruit Bar	125g (5 x 25g)	1	402-8957	424	22	25g	Not suitable for under 1 year old
Promin®	Promin® Low Protein Breakfast Bars Apple & Cinnamon	6 X 40g	1	386-0830	487	25	40g	Not suitable for under 4 years old
	Promin® Low Protein Breakfast Bars Banana	6 X 40g	1	386-0814	469	17	40g	Not suitable for under 3 years old
	Promin® Low Protein Breakfast Bars Chocolate & Cranberry	6 X 40g	1	386-0855	467	12	40g	Not suitable for under 3 years old
	Promin® Low Protein Breakfast Bars - Cranberry	6 X 40g	1	386-0822	464	14	40g	Not suitable for under 3 years old
	Promin® Low Protein Fried Maize and Potato starch 'SNAX' Cheese & Onion	12 x 25g	1.5	402-4188	369	21	25g	Not suitable for under 3 years old
	Promin® Low Protein Fried Maize and Potato starch 'SNAX' Jalapeno	12 x 25g	1.5	402-4170	457	22	25g	Not suitable for under 3 years old
	Promin® Low Protein Fried Maize and Potato starch 'SNAX' Ready salted	12 x 25g	1.5	402-4444	465	8	25g	Not suitable for under 3 years old

Company	Cakes, Biscuits & Snacks	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Promin®	Promin® Low Protein Fried Maize and Potato starch 'SNAX' Salt & Vinegar	12 x 25g	1.5	402-4162	458	13	25g	Not suitable for under 3 years old
	Promin® Low Protein SNAX (Fried Maize and Potato starch 'SNAX') - Cheese & Onion, Salt & Vinegar, Ready Salted and Jalpeno (see below)	Mixed Box 4 x 3 x 25g (300g)	1.5	356-1586			25g	Not suitable for under 3 years old
Taranis®	Taranis® Low Protein Cake Bar (Apricot)	6 X 40g	1	357-9471	372	6	40g	Not suitable for under 3 years old
	Taranis® Low Protein Cake Bar (Lemon)	6 X 40g	1	341-5064	372	6	40g	Not suitable for under 3 years old
	Taranis® Low Protein Cake Bar (Pear)	6 X 40g	1	357-9448	372	6	40g	Not suitable for under 3 years old
	Taranis® Low Protein Biscuits with Caramel Shards	120g	1	422-7070	483	8	32.5g	Not suitable for under 3 years old
	Taranis® Low Protein Chocolate Chip Biscuits	120g (4 x 30g)	1	401-5764	491	20	30g	Not suitable for under 3 years old
	Taranis® Low Protein Shortbread Biscuits	120g (4 x 30g)	1	401-5749	484	9	30g	Not suitable for under 3 years old
	Taranis® Low Protein Raspberry Shortbread Biscuits	120g (4 x 30g)	1	401-5756	476	9	30g	Not suitable for under 3 years old
Metax®	MetaX Low Protein Lemon Wafers	100g	1	425-9156	498	<10	6.25g	Not suitable for under 3 years old

Company	Desserts	Pack Size	No of Units	PIP- code	Calories / 100g	Phe mg/100g	Portion Size	Age suitability of product
Promin®	Promin® Low Protein Dessert (Caramel)	6 X 36.5g	1	341-5049	109	11	36.5g	From weaning
	Promin® Low Protein Dessert (Chocolate & Banana)	6 X 36.5g	1	327-9767	107	50	36.5g	From weaning
	Promin® Low Protein Dessert (Custard)	6 X 36.5g	1	341-5031	109	16	36.5g	From weaning
	Promin® Low Protein Dessert (Strawberry & Vanilla)	6 X 36.5g	1	327-9759	109	4	36.5g	From weaning
	Promin® Low Protein Imitation Rice Pudding (Original)	4 X 69g	1	324-6873	388	16	69g	From weaning
	Promin® Low Protein Imitation Rice Pudding (Apple)	4 x 69g	1	326-3910	381	16.8	69g	From weaning
	Promin® Low Protein Imitation Rice Pudding (Banana)	4 X 69g	1	326-3902	390	15.5	69g	From weaning
	Promin® Low Protein Imitation Rice Pudding (Strawberry)	4 X 69g	1	326-3928	379	25.3	69g	From weaning
Taranis®	Taranis® Low Protein Pause Dessert – Caramel Flavour	500g (4 x 125g)	1	401-7687	181	0	125g	Not suitable for under 3 years old
	Taranis® Low Protein Pause Dessert – Strawberry flavour	500g (4 x 125g)	1	401-7679	181	0	125g	Not suitable for under 3 years old
Low protein energy bars								
Mevalia®	Mevalia® Chocotino bars	100g (4 x 25g)	1	405-7592	583	14	25g	Not suitable for under 1 year old
Vitabite®	Vitabite® bar (Chocolate flavoured)	7 X 25g	1	277-1053	544	<10	25g	Not suitable for under 1 year old

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